



INSIGHT

Insight Mental Health Awareness and Suicide Prevention Program is a training program tailored specifically for staff and volunteers who work in a legal setting in the community.

The aim of the workshop is to educate, empower and resource students to identify and support people who might be at risk of suicide and to respond appropriately.

INSIGHT CORE TRAINING MODULES INCLUDE

INSIGHT INTRODUCING THE EVIDENCE

INSIGHT NAVIGATING THE ISSUES

INSIGHT SUICIDE MYTHS

INSIGHT IDENTIFYING PEOPLE AT RISK

INSIGHT GAINING SKILLS

INSIGHT HELPING PEOPLE TO
CONNECT TO SERVICES

INSIGHT TAKING CARE OF OURSELVES





- Room *TBA*, University of Tasmania, Sandy Bay
- 9am - 12noon
- Weds 4th May 2016
- minimum 10 and max 22 people
- Provided through the Dept of Health & Ageing Taking Action to Tackle Suicide Strategy.
- RSVP by 22nd April to reserve your place
Law.Secretary@utas.edu.au

FOR MORE INFORMATION

Hope for Life

T 02 9356 2120

E admin.hopeforlife@aue.salvationarmy.org



Insight is an initiative of The Salvation Army Hope for Life program, funded by the Commonwealth Department of Health and Ageing – Taking Action to Tackle Suicide strategy.